

YOGA GRATIS / FREE YOGA

HORARIOS DE YOGA

LUNES / MONDAY	MARTES / TUESDAY	MIÉRCOLES / WEDNESDAY	JUEVES / THURSDAY	VIERNES / FRIDAY
9:30 HATHA VINYASA Daniel	9:30 FLOW YOGA Sara	9:30 HATHA VINYASA Daniel	9:30 FLOW YOGA Sara	
				11:15 YIN YAN FLOW Daniel
			17:00 ACROYOGA Miguel y Aton	18:00 VINYASA INTENSE Paula
19:00 INTENSE YOGA Sara	19:00 HATHA VINYASA Daniel	19:00 INTENSE YOGA Sara	19:00 HATHA VINYASA Daniel	19:30 ACROYOGA AVANZADO Miguel y Aton
20:30 GOOD NIGHT YOGA Paula	20:30 ACROYOGA Miguel y Aton	20:30 GOOD NIGHT YOGA Paula		

Hotel
conCorde

Tomás Miller 85

YOGAHOME
El arte de moverse

RESERVAS EN RECEPCIÓN
BOOKINGS IN RECEPTION